



# JCCGV Summer Pool Schedule

## July 5 - August 28, 2010



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
Belzberg	Fouks	Belzberg	Fouks	Belzberg	Fouks	Belzberg	Fouks	Belzberg	Fouks	Belzberg	Fouks	
9:00-10:00 L.S. (2)	9:00-10:00 Open	6:30-9:00 L.S. (4)		6:30-9:00 L.S. (4)	6:30-9:55 Open Swim	6:30-9:00 L.S. (4)		6:30-9:00 L.S. (4)	6:30-9:55 Open Swim	6:30-9:00 L.S. (4)		
10:00-1:00 L.S. (2)	10:00-1:00 Programs Only	9:00-10:00 L.S. (1) AquaFit (3)	6:30-10:00 Open Swim	9:00-10:00 L.S. (1) Deep Water (3)	9:55-10:40 Water Works AquaFit	9:00-10:00 L.S. (1) AquaFit (3)	6:30-10:30 Open Swim	9:00-10:00 L.S. (1) Deep Water (3)	9:55-10:40 Water Works AquaFit	9:00-10:00 L.S. (1) AquaFit (3)	6:30-10:00 Open Swim	
Programs Only (2)		10:00-12:00 L.S. (2) Open (2) & JCC Camp	10:00-12:00 Open Swim & JCC Camp	10:00-12:00 L.S. (2) Open (2)	10:45-11:30 Water Works	10:00-12:00 L.S. (2) Open (2)	10:30-11:30 Aquaturtles Stroke Swim	10:00-12:00 L.S. (2) Open (2)	10:45-11:30 Water Works	10:00-12:00 L.S. (2) Open & Camp	10:00-12:00 Open Swim & JCC Camp	Open Swim 2:15-6:30
		12:00-1:00 L.S. (4)	12:00-2:00 Open Swim & Programs	12:00-1:00 L.S. (4)	11:30-2:00 Open Swim & Programs	12:00-1:00 L.S. (4)	11:30-2:00 Open Swim & Programs	12:00-1:00 L.S. (4)	11:30-2:00 Open Swim & Programs	12:00-1:00 L.S. (4)	12:00-2:00 Open Swim	
1:00-2:00 B'days (2) L.S. (2)	1:00-2:00 B'days	1:00-3:30 L.S. (2) Open & Camp	2:00-3:30 Open swim & JCC Camp	1:00-3:30 L.S. (2) Open & Camp	2:00-3:30 Open Swim & JCC Camp	1:00-2:00 L.S. (2) Open & Camp		1:00-3:30 L.S. (2) Open & Camp	2:00-3:30 Open Swim & JCC Camp	1:00-2:00 L.S. (2) Open Swim (2)		
2:00-7:30 L.S. (2) Open (2)	2:00-7:30 Open Swim	3:30-5:30** Closed : Programs & Rentals		3:30-5:30** Closed : Programs & Rentals		2:00-5:30** Closed : Programs & Rentals		3:30-5:30** Closed : Programs & Rentals		<b>Holidays &amp; Closures</b>  <b>Thursday July 1, Canada Day</b> <b>Monday August 2, B.C. Day</b> <b>Pool Hours 10:00am - 5:30pm</b> <b>2 lanes length swimming,</b> <b>2 lanes open all day</b>		
7:30-8:30 Men's Only Swim	7:30-8:30 Men's Only Swim	5:30-9:00 L.S. (2) Open Swim (2)	6:00-9:00 Open Swim <i>Water Works</i> 7:00-7:45	5:30-9:00 L.S. (2) Open (2) AquaFit 6-7	6:00-9:00 Open Swim	5:30-8:00 L.S. (2) Open (2) <small>Ladies Only 8-9</small>	6:00-8:00 Open Swim	5:30-9:00 L.S. (2) Open (2)	6:00-9:00 Open Swim <i>Water Works</i> 7:00-7:45			

(?)	<b>Indicates the number of lanes available for that activity</b>
L.S.	<b>Lane Swim Only (Circuit Swimming Required At All Times )</b>
Open Swim	<b>Open Swim for all ages, note Private swim lessons may be scheduled during any open swim times and be allotted space</b>
Programs or JCC Camps	<b>JCCGV Programs may be sharing Open Swim space or allotted specific pool space if needed, this may restrict Open Swim Space</b>
AquaFit, Water Works, Aquaturtles	<b>See brochure for descriptions and drop in rates, specific pool space is closed for these programs as indicated</b>

**Children under the age of 7 must be accompanied by an adult**  
**WITHIN ARMS REACH**  
**at all times on deck or in the water.**

*During the summer all pools may be very busy. The lifeguard staff may act to ensure safety by placing or removing lane lines and/or asking swimmers to share space. We appreciate your cooperation.*

**Help support the JCC. Buy your goggles at the Pool Office**

**\*\* This summer: 1 lane for adult length swimming available Mon.-Thurs. 3:30-5:30pm**