

**START**  
WEEK OF July 5

# SUMMER FIT!

## REGISTERED PROGRAMS

### Indoor Cycling

Th 6:45-7:30am 8283  
Jul 8-Aug 26 (8 classes)  
M\$91/N\$118 +tax

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### Cycle & Sculpt

Fr 9:15-10:15am 8284  
Jul 9-Aug 27 (8 classes)  
M\$95/N\$124 +tax

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### Mixed Level Pilates

Th 9:15-10:15am 8268  
Jul 8-Aug 26 (8 classes)  
M\$95/N\$124 +tax

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### Osteofit

Mo/We 10:30-11:30am 8241  
Jul 5-Aug 25 (15 classes)  
no class Aug 2  
M\$67/N\$84+tax  
Summer Drop-in:  
M\$6.75/N\$8.75 +tax

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### REGISTRATION DATES

M: June 14; NM June 24



**FOR MORE INFO & TO REGISTER VISIT [www.jccgv.com](http://www.jccgv.com)**

*fitness & lifestyles* DEPT.

**Jewish Community Centre of Greater Vancouver**  
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